



Spoonfuls (formerly Lovin' Spoonfuls) **delivers food with purpose.** We do this primarily through food recovery: partnering with food retailers (like grocers, wholesalers, and farmers) to pick up still-good, unsold food and distribute it, same day, to community organizations (like pantries, meal programs, shelters, senior centers, after-school programs and more) that serve neighbors facing food insecurity.

Spoonfuls is the largest food recovery organization in New England, operating from Greater Boston, to MetroWest, to Worcester County, and Hampden County.

# How we work



## Our “direct distribution” model



### FOOD RETAILERS

We partner primarily with retailers (like grocery stores, wholesalers, farms, and farmers' markets) to source unsold perishable food. Sometimes, items are nearing their "best-by" date. Or perhaps produce is slightly bruised or misshapen, but it's all still good to eat.



### SAME-DAY DISTRIBUTION

Our ServSafe-certified frontline Food Recovery Team operates a fleet of refrigerated vehicles along 10 different routes: picking up and delivering food within the same day. At Spoonfuls, we never "bank" food.



### COMMUNITY ORGANIZATIONS

We deliver to local organizations (including food pantries, meal programs, shelters, crisis and recovery centers, after school programs, veterans-serving programs, senior centers, and more) that serve neighbors facing food insecurity.



# Why we do it

Wasted food hurts the planet -  
and everyone who calls it home.



**38% OF FOOD IN  
THE U.S. GOES  
UNSOLD OR  
UNEATEN.**

Meanwhile,  
1 in 6 households in  
Massachusetts is  
facing food  
insecurity.



**FOOD WASTE IS  
RESPONSIBLE  
FOR 6% OF  
TOTAL U.S.  
GREENHOUSE  
GAS EMISSIONS.**

And it makes up  
24% of landfill  
inputs. Put another  
way, if we managed  
to recover all the  
food we wasted, it  
would be like taking  
37 million cars off  
the road.



**WASTED FOOD  
COSTS THE U.S.  
ABOUT \$310  
BILLION EACH  
YEAR.**

The financial cost is  
greatest for  
consumers, who  
spend money on  
food they don't eat.

# Ways we help



In 2023, we kept more than  
**4 million lbs. of food** out of landfills.



**THAT'S ENOUGH  
FOOD FOR 3.3  
MILLION  
MEALS.**

Our focus is on perishable food: produce, lean proteins, dairy. Our Food Recovery Team strives to source food that helps to meet the nutritional needs of people facing food insecurity.



**RECOVERING  
4 MILLION LBS.  
OF FOOD IS LIKE  
TAKING 1,335  
CARS OFF THE  
ROAD FOR A  
YEAR.**

Food recovery has important environmental benefits. By keeping food out of landfills, we prevent greenhouse gas emissions that contribute to climate change.



**WE KEEP THE  
VALUE IN  
GOOD FOOD.**

The food we provided at no cost to community organizations last year was valued at over \$8.3M. Partnering with Spoonfuls enabled these organizations to devote more of their budgets to other program expenses.



# Support

Every **\$1** we receive enables us to  
recover **1 pound** of food.



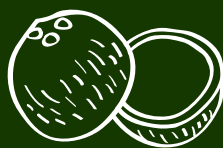
**\$1,000**

Allows us to  
recover 1,000 lbs.  
of food (enough for  
800 meals)



**\$2,500**

Allows us to  
recover 2,500 lbs.  
of food (enough for  
2,000 meals)



**\$5,000**

Allows us to  
recover 5,000 lbs.  
of food (enough for  
4,000 meals)

**With questions about how you can support Spoonfuls:**

Contact our Development Team at  
[development@spoonfuls.org](mailto:development@spoonfuls.org)  
or call (617) 390.4450.



# Media



If you're working on a story about **food access** or the **impacts of wasted food on people or the planet**, to learn more about **hunger**, how we **work** to keep good food from going to waste, or to arrange to see our work in action, contact us.

## With media requests:

Contact our Communications Team at  
[communications@spoonfuls.org](mailto:communications@spoonfuls.org)  
or call (617) 390.4450.

You can also learn more about us on our website,  
[spoonfuls.org](http://spoonfuls.org)  
or on social media, [@spoonfulsfoodrecovery](https://www.instagram.com/spoonfulsfoodrecovery).

