



Purpose in Practice

2023 Annual Report

ROCK AREA YMCA



ACCESS PROGRAM



Table of Contents

Leadership Message.....	3
By the Numbers.....	5
Where Food Comes From: Food Donors.....	6
Where Food Goes: Community Organizations.....	9
Funders.....	16
Our Team.....	24
Financials.....	26
Spoonfuls' Stories.....	30

Leadership Message

Dear friends,

This past year was a big one for the organization formerly known as Lovin' Spoonfuls.

Some highlights: We concluded our rebrand to "Spoonfuls" and announced our ambitious, five-year strategic plan aimed at deepening partnerships and expanding programs to reach more people with fresh, nourishing food.

We made investments in our team to lay the groundwork for future growth and expansion, including hiring our first

Community Relations Manager, whose work is dedicated to strengthening connections with communities and stakeholders across the Commonwealth and beyond, engaging more people in our mission.

We distributed over 4.7 million pounds of food: the most ever in our now 14-year history.

And, throughout it all, our team remained grounded in the principle of intentionality: why we do what we do — and how we do it.

The words imprinted on our uniforms and on the sides of our trucks is a reflection of our ongoing commitment to one another, to our partners, to our funders, and – most of all – to our end-recipients.

We're delivering food with purpose. And with your support, that's what we'll continue to do.



Ashley Stanley
Founder & CEO



Lisa Fall
Chair, Board of Directors



By the Numbers

Why we do it

In the U.S., **38% of all food** goes unsold or uneaten. In Massachusetts alone, over **1 million tons of food** hit the waste stream annually while **1 in 6 households** faces food insecurity (ReFED, Feeding America 2023).

The food we recovered and distributed in 2023:

- ✓ reached **370,000+ people**
- ✓ prevented the same greenhouse gas emissions as cars driven **13,000,000+ miles**
- ✓ was worth more than **\$9,000,000**



We worked with nearly **300 partners** to recover and distribute **4.7 million pounds** of fresh, healthy food.



We deepened our advocacy and education work to raise awareness and support for **longterm, sustainable solutions** to address wasted food, food insecurity, and the climate emergency.



We operated in **65 towns and cities** across Greater Boston, MetroWest, Worcester County, and Hampden County.

Where Food Comes From: Food Donors

In 2023, our team sourced food from over 90 different locations across Massachusetts each week – the majority of it excess or unsold perishable food from grocery stores, farms, and wholesalers. Our thanks to the following retailers and brands for working with us to ensure food retained its value and fulfilled its purpose: to feed people!



Food Donors

Allendale Farm
Baldor
Big Y Foods, Inc.*
Boston Area Gleaners
Boston Green Academy
Brothers Marketplace*
Community Harvest Project
Community Servings
Costco Wholesale*
Deluca's Market
Dole & Bailey
The FruitGuys
Green City Growers
Hannaford*
Land's Sake Farm
Little Leaf Farms
Mass Audubon's Farm at Moose Hill
Meta Cambridge
MOM's Organic Market
Red Fire Farm*
Roche Bros.*
Shaw's Supermarkets*
Star Market*

“

“Trader Joe's is proud to partner with Spoonfuls in their quest to reduce hunger and minimize food waste.

In 2023, we donated more than \$2.4 million worth of quality products to Spoonfuls, helping to feed neighbors in need throughout Massachusetts.” *Trader Joe's*

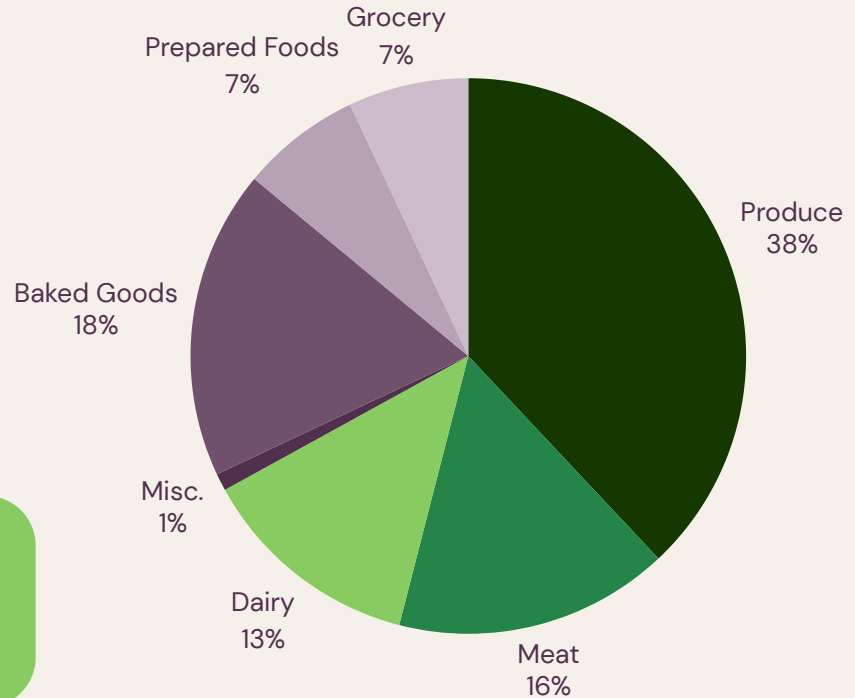


Food Donors (cont.)

Stop & Shop Supermarkets*
Sudbury Farms*
Target*
Trader Joe's*
Volante Farms
Walden Local Meat
Wegmans*
Whole Foods Market*
Worcester Regional Food Hub

Nearly **two-thirds** of what we recover and distribute falls into the categories: produce, meat, and dairy.

Categories of food recovered and distributed by Spoonfuls:



Where Food Goes: Community Organizations

Over 180 different community organizations received Spoonfuls' same-day deliveries in 2023. They worked with us to ensure good food quickly reached people who could use it – from those visiting pantries and meal programs, to unhoused people in shelters and transitional housing, to children in afterschool programs, to seniors, and more. We're grateful for their partnership!



Community Organizations

Eastern Massachusetts

12 Step Education Program New England, Inc.

A Place To Turn

A Servant's Heart Food Pantry

ABCD*

Acton Food Pantry

Alexander Magnolia Cooperative

Allston Brighton Area Planning Action Committee

Allston-Brighton Food Pantry

Amal Women's Center (ICNA Relief)

Arlington EATS

Ashland Food Pantry

Beacon Charitable Fund — Julia E. Butler Center

Boston Rescue Mission

Boston Spanish Seventh Day Adventist Church

Bread of Life Malden

Bridges Homeward

Brookline Food Pantry

Cambridge Community Center

Camino a Casa, a Division of Heading Home*

Canton Food Pantry

Cape Verdean Association of Boston

Caritas Communities*

CASPAR, Inc.

Catholic Charities Worcester County –

Greater Milford Office

Catholic Charities Boston

Centre Street Food Pantry



"A resident came in for the first time who is on a healthy diet per doctor's orders and was grateful to find healthy options. She's had a hard time finding fresh fruits and vegetables at other pantries, but we have plenty thanks to Spoonfuls."

*Lisa Pearl, After School Site Coordinator
Georgetowne Homes Computer
Learning*

Community Organizations (cont.)

Eastern Massachusetts

Charlestown Adult Education, Workforce, and Reentry
Community Day Center of Waltham
Countryside Village Apartments
Crossroads Cafe
Crossroads Family Center at St. Mary's
Daily Bread Food Pantry
Daniel's Table
East Boston Community Soup Kitchen
East Boston Harborside Community School
East Boston Neighborhood Health Center
East End House
Eliot Community Human Services*
En Ka Pantry
Epiphany School
Franklin Food Pantry
Freedom Hill Community Church
Friday Night Supper Program
Georgetowne Homes Computer Learning Center
Grace Church Federated - Food Pantry
Grace Ministries
Granada House
Haley House
Heading Home*

Healthy Baby, Healthy Child (Boston Public Health Commission)
Healthy Waltham
Hildebrand Family Self-Help Center
Hockomock Area YMCA
Hoops & Homework
Hope House Addiction Services
Interfaith Social Services
John M. Barry Boys & Girls Club of Newton
Julie's Family Learning Program
L'Eglise Baptiste du Bon-Berger Haitienne
Leahy Holloran Community Center (Boston Center for Youth & Family)
Lifeboat Boston Community Market
Loaves and Fishes Food Pantry at Saint Blaise
Madison Park Development Corporation
Margaret Fuller Neighborhood House
Medway Food Pantry
Medway Village Food Pantry
Metro Boston Alive, Inc.
MetroWest YMCA
Milford Senior Center
Milford Youth Center

Community Organizations (cont.)

Eastern Massachusetts

Millis Senior Center
Mystic Valley Elder Services
My Brother's Table
Natick Service Council
Needham Community Council Food Pantry
Needham Council on Aging
Newton Food Pantry
Northeastern Mutual Aid
Norwood Food Pantry
Open Door Soup Kitchen and St. Bridget's Pantry
Open Table Food Pantry
Orient Heights Tenant Association
Pantry of Hope
People Helping People Food Pantry
Power of God International Ministry
Project Just Because
Project Manna
Project SOUP Food Pantry
Real Truth Food Pantry
Revival International Center
Rosie's Place
Rounding the Bases
Salvation Army*

South End Community Health Center
South Middlesex Opportunity Council, Inc.*
South Street Youth Center
South West Community Center
Southborough Food Pantry
Southern Jamaica Plain Health Center



Community Organizations (cont.)

Eastern Massachusetts

St. Andrew's United Methodist Church
St. Bridget's Food Pantry
St. Francis House
St. Mary's Center for Women and Children
St. Monica-St. Augustine Church Food Pantry
St. Paul AME Church Food Pantry (Elnora Yard Food Pantry)
St. Paul's Victory Assembly of God
St. Stephen's Food Pantry
Sudbury Community Food Pantry
Sudbury Senior Center
The Cambridge Women's Center
The Dimock Center*
The Dwelling Place
The Elizabeth Peabody House
Tifereth Raphael, Inc.
Transition House
United Way of Tri-County*
Volunteers of America of Massachusetts
Wakefield Food Pantry
Walnut Street Center
Waltham Boys & Girls Club
Women's Lunch Place

YMCA of Central Massachusetts – Boroughs Family Branch
YouthConnect
YWCA Tanner Residence



"Incomes aren't keeping pace with the increased cost of everything. The demand here is as great, and sometimes greater, than it was at peak pandemic. Factor in people's dietary and cultural needs, and things like shifts in population and demographics, like meeting the needs of migrant families new to the area, and we have a lot of work to do."

*Cherylann Lambert Walsh, President,
Project Just Because*

Community Organizations (cont.)

Central Massachusetts

AIDS Project Worcester Inc
Boys & Girls Club of Worcester
El Buen Samaritano
Eliot Community Human Services*
Friendly House
Green Island Neighborhood Center
Hector Reyes House – Latin American Health Alliance
Leicester Food Pantry
Living in Freedom Together (LIFT)*
Mary Queen of the Rosary Food Pantry
Net of Compassion
New Orchard Hill Estates
Orthodox Food Center
Pernet Family Health Service
Quinsigamond Village Community Center
Roca de Salvación
Salvation Army*
Spencer Senior Center
The WellStorm, Inc.
Worcester Adult Learning Center
Worcester Families Feeding Families
Yes We Care Inc.



"The food products delivered by Spoonfuls allow us to better meet the increasing demands of our community and provide individuals access to fresh and wholesome foods that they might otherwise not be able to obtain."

*Maria Kassos, Executive Director,
Orthodox Food Pantry*

Community Organizations (cont.)

Western Massachusetts

All Nations Church
East Longmeadow Senior Friendship Club –
Longmeadow Council on Aging
Freedom House of God – Community Lifeline Pantry
Gándara Center*
Gray House, Inc. Emergency Services Pantry
Lorraine's Soup Kitchen & Pantry
Martin Luther King, Jr. Family Services, Inc. Food
Pantry
Mission Church Ministries
Parish Cupboard, Inc. Parish Cupboard Pantry
Project Hope Pantry
Project-13, Inc., Oasis Food Pantry
Salvation Army*
South Middlesex Opportunity Council, Inc.*
St. John's Congregational Church – Friend's Place
Food Pantry
The Longmeadow Food Pantry
The Lord's Food Pantry
United Way of Pioneer Valley*
USO Council of Pioneer Valley
Victory Temple Food Pantry



"Spoonfuls and their entire team are always fantastic to interact with in any capacity. You can truly feel the commitment to serve our communities. Everyone on staff is responsive, puts the needs of others first, and exemplifies what it means to support people in need. It is an honor and privilege to work with such a dedicated and passionate group."
*Lee Drewitz, Director of Program Operations,
United Way of Pioneer Valley*

Funders

As a 501(c)(3) nonprofit organization, we rely on philanthropic contributions from individuals, corporations, and foundations to support our work. Our thanks to the people and organizations that enabled us to deliver food with purpose in 2023.



Contributors

Corporations & Foundations

\$250,000+

Anonymous

\$100,000 – \$249,999

Anonymous

ARPA – City of Worcester

Burkehaven Family Foundation

Cecile H. Murphy Charitable
Foundation

Frieze Family Foundation

Gerstner Philanthropies

Hearst Foundations

Liberty Mutual

MetroWest Health Foundation

The Ajana Foundation

\$50,000 – \$99,999

Anonymous (5)

ARPA – United Way of

Central Massachusetts

Bank of America

Champions of Love

Cummings Foundation

\$50,000 – \$99,999 (cont.)

Department of Agricultural
Resources

Doe Family Foundation

Massachusetts Department of
Environmental Protection

Middlesex Savings Charitable
Foundation

Richard and Susan Smith Family
Foundation

The Jack & Kathy Shields Family
Foundation

Weezie Foundation

\$25,000 – \$49,999

CDBG (MetroWest)

Community Foundation for
MetroWest

Davis Family Charitable Foundation

Environmental Protection Agency

Frances Augusta Eckley Trust

Harney Hector Fund

Linde Family Foundation

\$25,000 – \$49,999 (cont.)

Sincere Foundation

Stoops Family Foundation

The Auto Mart Corporation

The Irene E. and George A. Davis
Foundation

“

“We support Spoonfuls because they do an outstanding job redistributing nutritious food to families in need across the Commonwealth.”

– Michael Frieze, Frieze Family Foundation

Contributors

Corporations & Foundations

\$25,000 – \$49,999 (cont.)

The Llewellyn Foundation
The Nord Family Foundation
The Sudbury Foundation
The TJX Foundation
The William and Lia G. Poorvu
Family Foundation
Tito's Handmade Vodka
Toast.org
Wana Brands Foundation

\$10,000 – \$24,999

Anonymous
Arbella Insurance Foundation
Brady Corporation Foundation
Cabot Family Charitable Trust
Cafco Construction
Cambridge Savings Bank
CDBG (Cambridge)
Circle of Generosity
Costco Wholesale
FactSet Research Systems Inc
Fallon Health

\$10,000 – \$24,999 (cont.)

Gordon Brothers Foundation Inc
Harvard Allston Partnership Fund
International Furnishings and Design
Association – New England Chapter
Little Leaf Farms*
MGM Resorts Foundation
Reliant Foundation
Roche Bros. Supermarkets*
The Gifford Family Foundation
Wagner Foundation
Whole Foods Market*

\$5,000 – \$9,999

100 Women Who Care Boston
American Endowment Foundation
Boston Medical Center
Brookline Bank
Cambridge Community Foundation
Grand Lodge of Massachusetts,
Saint Andrew
GWF LLC
Jameson Orange



Contributors (cont.)

Corporations & Foundations

\$5,000 – \$9,999 (cont.)

Jamestown Charitable Foundation
Louis and Anne Abrons Foundation
Rockland Trust–Blue Hills Charitable Foundation
The Bushrod H. Campbell and Adah F. Hall Charity Fund
The Fred Harris Daniels Foundation
The P&G Fund of the Greater Cincinnati Foundation
The Village Bank
Wellesley Hills Junior Women's Club

\$1,000 – \$4,999

Akamai
American Family Insurance
American Tower Corporation
Analog Devices Foundation
Baramor
Boston Benefits Foundation
Building Impact
Charles River CFO
Clara Jeffery Charitable Trust

\$1,000 – \$4,999 (cont.)

Eversource
Greater Worcester Community Foundation
Intel Corporation
Jacob Family Foundation
Massachusetts Bankers Association Charitable Foundation
Meta Platforms, Inc.*
Needham Bank
Pfizer
Point32Health Foundation
Shawmut
Starkweather & Shepley Insurance
State Street Foundation
The Adelard A. and Valeda Lea Roy Foundation
The Reed Family Foundation
Town Fair Tire Foundation
Van Siclen Family Foundation

“

“The Nord Family Foundation values organizations like Spoonfuls because they share a genuine commitment to nourishing communities with healthier food options and expanding access to nutrition. Their dedication mirrors our vision of cultivating a society where health thrives, ensuring that every individual has the opportunity to enjoy wholesome meals and flourish.”
Tina Kimbrough, Executive Director, The Nord Family Foundation

Did you know?

We raised 20% of our FY 2023 budget through events like our signature Cocktails & Community and Ultimate Tailgate.

These food-forward events are an opportunity to enjoy lively company and delicious food by some incredible chefs – all while connecting with our mission.

Save the date for Tailgate 2024: November 3 – we hope to see you there! To learn more or sponsor a Spoonfuls' event in 2024, email development@spoonfuls.org.

Contributors (cont.)

Individuals

\$100,000 – \$249,999

Catherine and Eric Jonash
Mariann and Andy Youniss

\$50,000 – \$99,999

Lisa and Christopher Fall
Cassie Ryan
Stevie and David Spina

\$25,000 – \$49,999

Michael Harper
Anne Meyer

\$10,000 – \$24,999

Taleen and Alexander Afeyan
Mark and Allison Allyn
Michael Delaney
David Fischer
Valerie and Ihsan Gurdal
Barbara and Amos Hostetter
Adam Kahn and Kimberly Smith
Christopher Myers and Joanne Chang
Darin and Debbie Samaraweera

\$10,000 – \$24,999 (cont.)

Jill and Mike Severino
Kenneth Stanley and Sarah Barrett

\$5,000 – \$9,999

Anonymous (3)
Peter Boberg and Sunwoo Kahng
Allison and Alan Braly
Max de Groen and Ryah Whalen
John Finley
Stephen and Heather Fredette
Nancy Freed and Darel Moss
Robert Ginsberg
Dorene Higgons
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Timothy and Kelly Hosmer
David Humphrey and Markella Zanni
Susan Rapoport
Maggie Seelig
Ashley Stanley and Kelly Dennehy
Peggy Van Dorp
Robert and Theresa Wadsworth

\$1,000 – \$4,999

Ruth Aaron
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Justin and Lindsay Alpert
Mia Alvarado
Adam and Aja Amontea
Anonymous
Tom and Pam Arrighi
Mark and Aasma Baker
Lee Webster and David Barone
Thomas and Pamela Bator
Kyle Baum and Karen Colbert
Elaine Beilin and Robert Brown
Nancy and Randy Berry
Pattie and Peter Bishop
Maddie Borek
Alyssa Bowling and Kevin Mulder
Scott and Sharon Braly
Kathleen Brennan and Gerald Cianciolo
Bob and Linda Buffum
Timothy and Carrie Burr
Dotty and Paul Burstein
Julia and Mark Casady

Contributors (cont.)

Individuals

\$1,000 – \$4,999 (cont.)

Eric Cataldo

Andrew Cebulski

Norm Coburn

Marilyn Crossley

Cailin and Dave DeBiase

Andrew and Rebecca Diamondstein

Paul and Pat Dixon

Michele Dow and Brian Taylor

Marguerite Dresser and Michael Kluchman

Dena Feldstein Brody and Ed Brody

Kristen and Patrick Flight

Lisa and Anthony Folger

Linda Fung and Brian Lowy

Kate Gilbane

Peter Gilchrist and Danielle Valle Gilchrist

Hindell Grossman

Michael and Kimberly Gruber

Roy and Helen Herold

Katherine Higgons

Russell and Helen Hoffberger

Georgia and Bruce Johnson

Erin and Michael Keohane



“

“We've been honored to support the work of Spoonfuls over the past many years. Our family is blessed to have access to fresh food at our local markets, but we know this is not the case for many people across the state. The Spoonfuls team is inspiring, deeply mission-driven, and focused on local communities, which helps us to feel confident that our contributions are having a direct impact and ensuring that our neighbors are able to bring home fresh, delicious, nutritious food to their families, just like we can.”

Catherine & Eric Jonash

Contributors (cont.)

Individuals

\$1,000 – \$4,999 (cont.)

Suzanne Keohane
Priyanka Khanna and Andrew Bobenski
Michael Krasner and Jean Hammond
Deborah and Arthur Krieg
Walter Kuhn
Donna Lucente
Julie and Doug Macrae
Christine and John Mayer
Cassandra and Adam McCall
Gary Mikula and Holly Burnet-Mikula
Susan and Ted Mosher
Joan and Bob Murray
Shelly Nemirovsky
Kristopher Nissen
Kathleen O'Connor and Laurence Manchester
Alexander and Emily Paisner
Page Palmer and Stephen Butkus
Bill and Sue Platt
Teresa Pokladowski
Dorothy Puhý

\$1,000 – \$4,999 (cont.)

Jeffrey and Marie-Tristan Rago
Yesim and Mark Richardson
James Rosenfeld and Sharon Nolan Rosenfeld
Amy Rosse
Maren Rossman
Joseph Rothchild & Terry Chen Rothchild
Rachel and Doug Sapphire
Stacey Schmidt and Eve Ward
Gayle and Michael Schumacher
Justin Shaw
Matthew Shedd
Karen and Elliot Silver
Helene Simon
Melinda Stanford and Bill Grimes
Caren Stanley
Robert Stepansky and Joyce Rubino
Cheryl and Richard Talbot
Michael Thurk
Susan Tofias
Karen Tucker and Jerry Avorn

\$1,000 – \$4,999 (cont.)

Steve and Allyson Van Dam
Jay and Carol Virshbo
Sam Voigt
Elizabeth Wagner
Kent and Stacy Walker
Catherine Pilfrey and Furman Walls
Susan Warshauer
Michael and Jenna Weiss
Benson Willis
Joel Yeaton



Our Team

These are the people whose work on and off the road enables us to provide a reliable and consistent source of food for our partners and people counting on us to deliver.





Senior Leadership Team

Ashley Stanley, Founder & CEO
Erin Keohane, Chief Advancement Officer

Sean Ahern, Senior Director of Operations
Joni Kusminsky, Senior Director of
Communications & Public Affairs

[Click here to view our full team.](#)

Board of Directors

Lisa Fall, Chair
Sandy Cades, Treasurer
Adam Kahn, Secretary
Ashley Stanley, Committee Chair

Members at Large
Adam Amontea
Nancy Freed
Andy Youniss

Financials

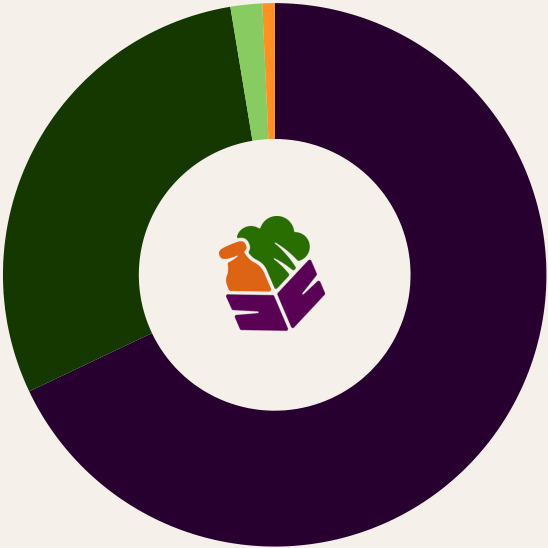
Every \$1 raised enables us to
recover and distribute 1 lb. of food.



Financials

2023 Revenue

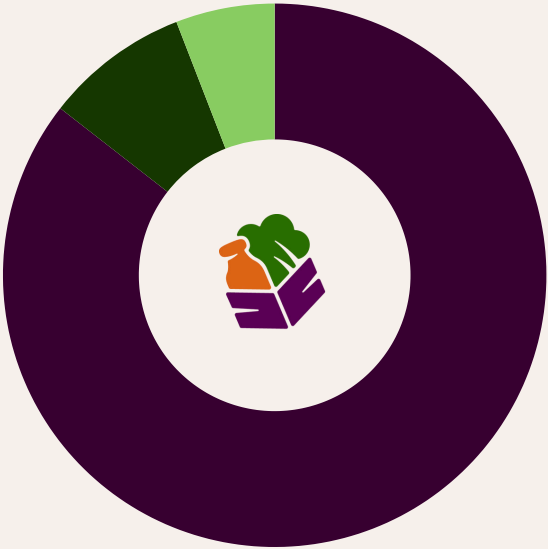
In Kind Donations	\$9,258,938 (68%)
Grants & Contributions	\$4,012,163 (29%)
Special Events	\$256,200 (2%)
Other Income & Non Operating Income	\$99,664 (1%)
Total	\$13,626,965



Financials

2023 Expenses

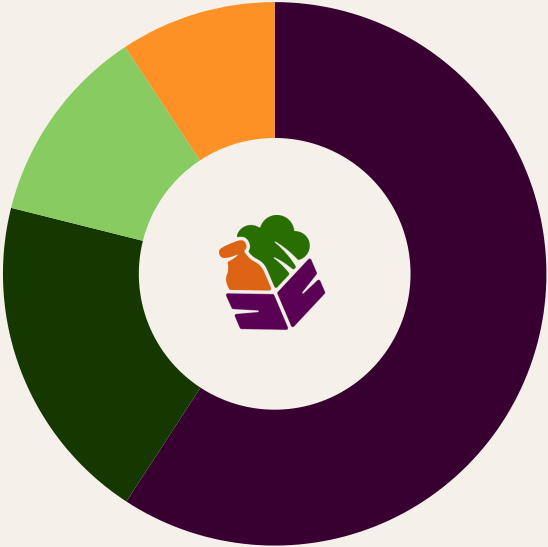
Program Services	\$11,330,253 (86%)
General Management & Admin	\$1,136,563(9%)
Fundraising	\$780,177 (6%)
Total	\$13,246,993



Financials

Program Services (inclusive of In Kind Food)

Greater Boston	\$6,706,373
MetroWest	\$2,233,874
Hampden County	\$1,338,794
Worcester County	\$1,051,211
Total	\$11,330,253



Spoonfuls' Stories

Catch up on some of the latest stories out of Spoonfuls.



Spoonfuls' Spotlight:
The East Longmeadow
Food Pantry



Understanding the issues:
Hunger, wasted food, and
the environment



Food literacy:
Why it's important

Follow us on social @spoonfulsfoodrecovery for more.
We're on Facebook, Instagram, and LinkedIn.



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spoonfuls.org
[@spoonfulsfoodrecovery](https://www.instagram.com/spoonfulsfoodrecovery)

