spoonfuls



Spoonfuls (formerly Lovin' Spoonfuls) delivers food with purpose. We do this primarily through food recovery: partnering with food retailers (like grocers, wholesalers, and farmers) to pick up still-good, unsold food and distribute it, same day, to community organizations (like pantries, meal programs, shelters, senior centers, afterschool programs and more) that serve neighbors facing food insecurity.

Spoonfuls is the largest food recovery organization in New England, operating from Greater Boston, to MetroWest, to Worcester County, and Hampden County.

How we work



Our "direct distribution" model



FOOD RETAILERS





SAME-DAY DISTRIBUTION

Our ServSafecertified frontline
Food Recovery
Team operates a
fleet of refrigerated
vehicles across four
regions in
Massachusetts:
picking up and
delivering food
within the same day.
At Spoonfuls, we
never "bank" food.



COMMUNITY ORGANIZATIONS

We deliver to local organizations (including food pantries, meal programs, shelters, crisis and recovery centers, after school programs, veteransserving programs, senior centers, and more) that serve neighbors facing food insecurity.



Why we do it

Wasted food hurts the planet – and everyone who calls it home.



38% OF FOOD IN THE U.S. GOES UNSOLD OR UNEATEN.

Meanwhile,
1 in 6 households in
Massachusetts is
facing food
insecurity.



FOOD WASTE IS RESPONSIBLE FOR 5.2% OF TOTAL U.S. GREENHOUSE GAS EMISSIONS.

And it makes up
24% of landfill
inputs. Put another
way, if we managed
to recover all the
food we wasted, it
would be like taking
37 million cars off
the road.



WASTED FOOD COSTS THE U.S. ABOUT \$449 BILLION EACH YEAR.

The financial cost is greatest for consumers, who spend money on food they don't eat.

Sources: ReFED, Project Bread, EPA.

Ways we help



In 2024, we kept more than 5.5 million lbs. of food out of landfills.



THAT'S ENOUGH FOOD FOR 4.4 MILLION MEALS.

Our focus is on fresh, perishable food. Our Food Recovery Team strives to source food that helps to meet the nutritional needs of people facing food insecurity.



RECOVERING
5.5 MILLION LBS.
OF FOOD IS LIKE
TAKING 630 CARS
OFF THE ROAD
FOR A YEAR.

Food recovery has important environmental benefits. By keeping food out of landfills, we prevent greenhouse gas emissions that contribute to climate change.



WE KEEP THE VALUE IN GOOD FOOD.

The food we provided at no cost to community organizations last year was valued at over \$9M. Partnering with Spoonfuls enabled these organizations to devote more of their budgets to other program expenses.



Support

Every \$1 we receive enables us to recover 1 pound of food.



\$1,000

Allows us to recover 1,000 lbs. of food (enough for 800 meals)



\$2,500

Allows us to recover 2,500 lbs. of food (enough for 2,000 meals)



\$5,000

Allows us to recover 5,000 lbs. of food (enough for 4,000 meals)

With questions about how you can support Spoonfuls:

Contact our Development Team at development@spoonfuls.org or call (617) 390.4450.

Media



If you're working on a story about food access or the impacts of wasted food on people or the planet, to learn more about hunger, how we work to keep good food from going to waste, or to arrange to see our work in action, contact us.

With media requests:

Contact our Communications Team at communications@spoonfuls.org or call (617) 390.4450.

You can also learn more about us on our website, spoonfuls.org or on social media, @spoonfulsfoodrecovery.





