



What can I **donate** to Spoonfuls?

Spoonfuls can accept food with: a **date code label** that falls within the guidelines below, an **ingredient label**, **unopened packaging**, **no signs of leakage or spoilage**, and that has been **held at the proper temperature**. Whole fruit and loose vegetables are exempt from date code and packaging standards.

*Spoonfuls does **not** accept sprouts or live shellfish.*

Spoonfuls' Date Code Guidance

Spoonfuls can accept certain foods past code, as long as it complies with the safety standards stated above, up to the following:

Milk

2 days past code

Eggs

3 weeks past code

Hard cheeses

4 weeks past code

Soft cheeses

5 days past code

Yogurt

14 days past code

Cut fruit

3 days past code

Cut vegetables

4 days past code

Tofu

6 months past code

Deli meat + cheese

3 days past code

Meat (incl. plant-based), poultry, seafood

Must be fully frozen by code

Prepared foods

3 days past code

Fruit juices

7 days past code

Bread

3 days past code (fresh-baked)
or 7 days past code (packaged)

Grocery goods

6 months past code

Did you know?

Date codes are an indication of peak quality and freshness, rather than safety (with the exception of baby formula).

Packing up

Pack and box donated food. Preference for sturdy cardboard boxes, like banana boxes.



Don't pack loose product into a cart



Neatly pack food into boxes that shut/stack

About Spoonfuls

Spoonfuls is a nonprofit food recovery organization. We work with brands and food retailers (like you!) to pick up excess or unsold food that would otherwise be discarded and distribute it to community organizations that serve people facing food insecurity.