



Spoonfuls (formerly Lovin' Spoonfuls) **delivers food with purpose.** We do this primarily through food recovery: partnering with food retailers (like grocers, wholesalers, and farmers) to pick up still-good, unsold food and distribute it, same day, to community organizations (like pantries, meal programs, shelters, senior centers, after-school programs and more) that serve neighbors facing food insecurity.

Spoonfuls is the largest food recovery organization in New England, operating in Greater Boston, Southeastern Massachusetts, MetroWest, Worcester County, and Hampden County.

How we work



Our “direct distribution” model



FOOD RETAILERS

We partner primarily with retailers (like grocery stores, wholesalers, farms, and farmers' markets) to source unsold perishable food. Sometimes, items are nearing their "best-by" date. Or perhaps produce is slightly bruised or misshapen, but it's all still good to eat.



SAME-DAY DISTRIBUTION

Our ServSafe-certified frontline Food Recovery Team operates a fleet of refrigerated vehicles across five regions in Massachusetts: picking up and delivering food within the same day. At Spoonfuls, we never "bank" food.



COMMUNITY ORGANIZATIONS

We deliver to local organizations (including food pantries, meal programs, shelters, crisis and recovery centers, after school programs, veterans-serving programs, senior centers, and more) that serve neighbors facing food insecurity.



Why we do it

Wasted food hurts the planet -
and everyone who calls it home.



**31% OF FOOD IN
THE U.S. GOES
UNSOLD OR
UNEATEN.**



**FOOD WASTE IS
RESPONSIBLE
FOR 4% OF
TOTAL U.S.
GREENHOUSE
GAS EMISSIONS.**



**WASTED FOOD
COSTS THE U.S.
ABOUT \$338
BILLION EACH
YEAR.**

Meanwhile,
1 in 3 households in
Massachusetts is
facing food
insecurity.

And it makes up
24% of landfill
inputs. Put another
way, if we managed
to recover all the
food we wasted, it
would be like taking
37 million cars off
the road.

The financial cost is
greatest for
consumers, who
spend money on
food they don't eat.

Ways we help

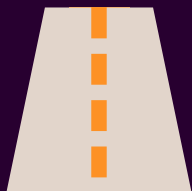


In 2024, we kept more than
5.5 million lbs. of food out of
landfills.



**THAT'S ENOUGH
FOOD FOR 4.4
MILLION
MEALS.**

Our focus is on fresh, perishable food. Our Food Recovery Team strives to source food that helps to meet the nutritional needs of people facing food insecurity.



**RECOVERING
5.5 MILLION LBS.
OF FOOD IS LIKE
TAKING 630 CARS
OFF THE ROAD
FOR A YEAR.**

Food recovery has important environmental benefits. By keeping food out of landfills, we prevent greenhouse gas emissions that contribute to climate change.



**WE HONOR THE
VALUE IN
GOOD FOOD.**

The food we provided at no cost to community organizations last year was valued at over \$9M. Partnering with Spoonfuls enabled these organizations to devote more of their budgets to other program expenses.



Support

Every **\$1** we receive enables us to
recover **1 pound** of food.



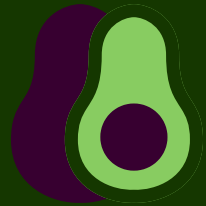
\$1,000

Allows us to
recover 1,000 lbs.
of food (enough for
800 meals)



\$2,500

Allows us to
recover 2,500 lbs.
of food (enough for
2,000 meals)



\$5,000

Allows us to
recover 5,000 lbs.
of food (enough for
4,000 meals)

With questions about how you can support Spoonfuls:

Contact our Development Team at
development@spoonfuls.org
or call (617) 390.4450.

Media



If you're working on a story about **food access** or the **impacts of wasted food on people or the planet**, to learn more about **hunger**, how we **work** to keep good food from going to waste, or to arrange to see our work in action, contact us.

With media requests:

Contact our Communications Team at
communications@spoonfuls.org
or call (617) 390.4450.

You can also learn more about us on our website,
spoonfuls.org
or on social media, **@spoonfulsfoodrecovery**.

