



Spoonfuls is a nonprofit **delivering food with purpose**. Through food recovery and distribution, education, and advocacy, we work to address the health, environmental, and economic impact that wasted food has on people and the planet.

Spoonfuls was launched in 2010, working to ensure good food feeds people, not landfills. From a single food recovery route in Greater Boston, Spoonfuls' fleet has expanded to meet the needs of communities across Massachusetts. Today, it is the largest food recovery operation of its kind in New England.

# How we work



## Spoonfuls' model



### FOOD DONORS

We partner primarily with businesses (like grocery stores, wholesalers, farms, school and corporate cafeterias, and stadiums) to source unsold perishable food. Sometimes, items are nearing their "best-by" date. Or perhaps produce is slightly bruised or misshapen, but it's still good to eat.



### SAME-DAY DISTRIBUTION

Our ServSafe-certified frontline Food Recovery team operates a fleet of refrigerated vehicles in around 100 cities and towns in Massachusetts. All the food we pick up is delivered within the same day. At Spoonfuls, we never "bank" food.



### COMMUNITY ORGANIZATIONS

We deliver to local organizations (including food pantries, meal programs, shelters, crisis and recovery centers, after school programs, veterans-serving programs, senior centers, and more) that serve neighbors facing food insecurity.



# Why we do it

Wasted food hurts the planet - and everyone who calls it home.



AROUND ONE  
THIRD OF FOOD  
IN THE U.S.  
GOES UNSOLD  
OR UNEATEN.

Meanwhile,  
1 in 3 households in  
Massachusetts is  
facing food  
insecurity.

FOOD WASTE IS  
RESPONSIBLE  
FOR 3.5% OF  
TOTAL U.S.  
GREENHOUSE  
GAS EMISSIONS.

In Massachusetts,  
over 1 million tons of  
food go to waste  
annually. That's 21%  
of the local waste  
stream.



WASTED FOOD  
COSTS THE U.S.  
ABOUT \$339  
BILLION EACH  
YEAR.

The financial cost is  
greatest for  
consumers, who  
spend money on  
food they don't eat.

# Ways we help



In 2025, we kept more than 6.2 million lbs. of food out of landfills.

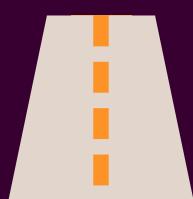


THAT'S ENOUGH  
FOOD FOR 4.9  
MILLION  
MEALS.

Our focus is on fresh, perishable food. Our Food Recovery team strives to source food that helps to meet the nutritional needs of people facing food insecurity.

RECOVERING  
6.2 MILLION LBS.  
OF FOOD IS LIKE  
TAKING 728 CARS  
OFF THE ROAD  
FOR A YEAR.

Food recovery has important environmental benefits. By keeping food out of landfills, we prevent greenhouse gas emissions that contribute to climate change.



WE HONOR THE  
VALUE IN  
GOOD FOOD.

The food we provided at no cost to community organizations last year was valued at over \$11.9M. Partnering with Spoonfuls enabled these organizations to devote more of their budgets to other program expenses.



# Support

**Every \$1 we receive enables us to recover 1 pound of food.**



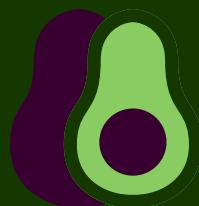
**\$1,000**

Allows us to recover 1,000 lbs. of food (enough for 800 meals).



**\$2,500**

Allows us to recover 2,500 lbs. of food (enough for 2,000 meals).



**\$5,000**

Allows us to recover 5,000 lbs. of food (enough for 4,000 meals).

**With questions about how you can support Spoonfuls:**

Contact our Development Team at  
[development@spoonfuls.org](mailto:development@spoonfuls.org)  
or call (617) 390.4450.

# Media



If you're working on a story about **food access** or the **impacts of wasted food on people or the planet**, to learn more about **hunger**, **how we work** to keep good food from going to waste, or to arrange to see our work in action, contact us.

## With media requests:

Contact our Communications Team at  
[communications@spoonfuls.org](mailto:communications@spoonfuls.org)  
or call (617) 390.4450.

You can also learn more about us on our website,  
[spoonfuls.org](http://spoonfuls.org)  
or on social media, [@spoonfulsfoodrecovery](https://www.instagram.com/spoonfulsfoodrecovery).

