

Spoonfuls is a nonprofit **delivering food with purpose**. Through food recovery and distribution, education, and advocacy, we work to address the health, environmental, and economic impact that wasted food has on people and the planet.

Spoonfuls was launched in 2010, working to ensure good food feeds people, not landfills. From a single food recovery route in Greater Boston, Spoonfuls' fleet has expanded to meet the needs of communities across Massachusetts. Today, it is the largest food recovery operation of its kind in New England.

How we work



Spoonfuls' model



FOOD DONORS

We partner primarily with businesses (like grocery stores, wholesalers, farms, school and corporate cafeterias, and stadiums) to source unsold perishable food. Sometimes, items are nearing their "best-by" date. Or perhaps produce is slightly bruised or misshapen, but it's still good to eat.



SAME-DAY DISTRIBUTION

Our ServSafe-certified frontline Food Recovery team operates a fleet of refrigerated vehicles in around 100 cities and towns in Massachusetts. All the food we pick up is delivered within the same day. At Spoonfuls, we never "bank" food.



COMMUNITY ORGANIZATIONS

We deliver to local organizations (including food pantries, meal programs, shelters, crisis and recovery centers, after school programs, veterans-serving programs, senior centers, and more) that serve neighbors facing food insecurity.



Why we do it

Wasted food hurts the planet - and everyone who calls it home.



AROUND ONE
THIRD OF FOOD
IN THE U.S.
GOES UNSOLD
OR UNEATEN.

Meanwhile,
1 in 3 households in
Massachusetts is
facing food
insecurity.



FOOD WASTE IS
RESPONSIBLE
FOR 3.5% OF
TOTAL U.S.
GREENHOUSE
GAS EMISSIONS.

In Massachusetts,
nearly 1 million tons
of food go to waste
annually. That's 21%
of the MA waste
stream.



WASTED FOOD
COSTS THE U.S.
ABOUT \$339
BILLION EACH
YEAR.

The financial cost is
greatest for
consumers, who
spend money on
food they don't eat.

Ways we help



In 2025, we kept more than 6.2 million lbs. of food out of landfills.

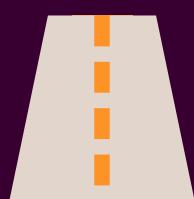


THAT'S ENOUGH
FOOD FOR 4.9
MILLION
MEALS.

Our focus is on fresh, perishable food. Our Food Recovery team strives to source food that helps to meet the nutritional needs of people facing food insecurity.

RECOVERING
6.2 MILLION LBS.
OF FOOD IS LIKE
TAKING 728 CARS
OFF THE ROAD
FOR A YEAR.

Food recovery has important environmental benefits. By keeping food out of landfills, we prevent greenhouse gas emissions that contribute to climate change.



WE HONOR THE
VALUE IN
GOOD FOOD.

The food we provided at no cost to community organizations last year was valued at over \$11.9M. Partnering with Spoonfuls enabled these organizations to devote more of their budgets to other program expenses.



Support

Every \$1 we receive enables us to recover 1 pound of food.



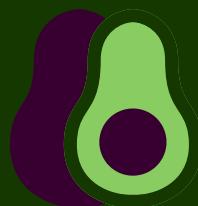
\$1,000

Allows us to recover 1,000 lbs. of food (enough for 800 meals).



\$2,500

Allows us to recover 2,500 lbs. of food (enough for 2,000 meals).



\$5,000

Allows us to recover 5,000 lbs. of food (enough for 4,000 meals).

With questions about how you can support Spoonfuls:

Contact our Development team at
development@spoonfuls.org
or call (617) 390.4450.

Media



If you're working on a story about **food access** or the **impacts of wasted food on people or the planet**, to learn more about **hunger**, **how we work** to keep good food from going to waste, or to arrange to see our work in action, contact us.

With media requests:

Contact our Communications team at
communications@spoonfuls.org
or call (617) 390.4450.

You can also learn more about us on our website,
spoonfuls.org
or on social media, [@spoonfulsfoodrecovery](https://www.instagram.com/spoonfulsfoodrecovery).

